



DELTA STATE JOB AND WEALTH CREATION BUREAU

Governor's Office, Asaba.

FASHION DESIGN AND TEXTILE DESIGN TRAINING MANUAL

DURATION: 7 MONTHS

WEEK	DAY	TASK	ACTIVITIES (SPECIFIC ACTIONS)	METHOD
1	1	Introduction to fashion design and tailoring	The instructor will introduce the trainees to fashion design and tailoring.	Instruction
	2	Jobs of a designer	The instructor will teach the trainees the jobs of a designer.	Instruction
	3	History of fashion designing	The instructor will teach the trainees the history of fashion designing.	Instruction
	4	Basic tools and equipment	The instructor will teach the trainees the basic tools and equipment of fashion design.	Instruction
	5	Measurement method.	The instructor will teach the trainees the different measurement method.	Practice
2	1	Guideline for operating the sewing machine	The instructor will teach the trainees the guide line for operating the sewing machine.	Instruction
	2	Identifying the sewing machine parts	The instructor will teach the trainees how to identify the various parts of a sewing machine.	Instruction
	3	Operating the sewing machine	The instructor will teach the trainees how to operate the sewing machine.	Practice
	4	Common problems in the use of the sewing machine	The instructor will teach the trainees some common problems associated with the use of the sewing machine.	Instruction
	5	Sewing machine maintenances	The instructor will teach the trainees how to maintain the sewing machine.	Instruction

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3	1	Threading the sewing machine	The instructor will teach the trainees how to thread the sewing machine.	Practice
	2	Introduction to stitches	The instructor will teach the trainees how to make stitches.	Instruction
	3	Running straight stitches/constructing of stitches	The instructor will teach the trainees how to run straight stitches/ constructing of stitches.	Practice
	4	Color matching	The instructor will teach the trainees how to match different colours.	Instruction
	5	Designing stitches construction	The instructor will teach the trainees how to construct designing stitches.	Practice
4	1	Introduction to pattern drafting	The instructor will introduce the trainees to pattern drafting.	Instruction
	2	Who is a pattern maker?	The instructor will teach the trainees who a pattern maker is.	Instruction
	3	Types of patterns and applications	The instructor will teach the trainees the different types of patterns and applications.	Instruction
	4	Construction of patterns	The instructor will teach the trainees how to construct patterns.	Practice
	5	Identification of patterns	The instructor will teach the trainees how to identify patterns.	Practice
5	1	Introduction to bodice block	The instructor will introduce the trainees to bodice block.	Instruction
	2	Construction of bodice block phase 1	The instructor will teach the trainees how to construct bodice block phase 1.	Practice
	3	Sewing and finishing of bodice block phase 1	The instructor will teach the trainees how to sew and finish a bodice block phase 1.	Practice
	4	Construction of bodice block phase 2	The instructor will teach the trainees how to construct bodice block phase 2.	Practice
	5	Sewing and finishing of bodice block phase 2	The instructor will teach the trainees how to sew and finish a bodice block phase 2.	Practice
6	1	Fabric identification and uses	The instructor will teach the trainees how to identify the different fabrics and their uses.	Instruction

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	2	Fabric construction of bodice block	The instructor will teach the trainees how to construct bodice block using fabrics.	Practice
	3	Cutting of fabric for bodice block	The instructor will teach the trainees how to cut fabric for bodice block.	Practice
	4	Sewing of fabric bodice block	The instructor will teach the trainees how to sew fabric bodice block.	Practice
	5	Finishing of fabric bodice block	The instructor will teach the trainees the finishing of fabric bodice block.	Practice
7	1	Introduction to types of skirts	The instructor will introduce the trainees to the different types of skirt.	Instruction
	2	Cutting of straight skirt	The instructor will teach the trainees how to cut straight skirt.	Practice
	3	Sewing and finishing of straight skirt	The instructor will teach the trainees how to sew and finish a straight skirt.	Practice
	4	Cutting of gored skirt	The instructor will teach the trainees how to cut gored skirt.	Practice
	5	Sewing and finishing of gored skirt	The instructor will teach the trainees how to sew and finish gored skirt.	Practice
8	1	Introduction to gowns	The instructor will introduce the trainees to the different types of gowns.	Instruction
	2	Cutting of straight gowns	The instructor will teach the trainees how to cut straight gowns.	Practice
	3	Sewing of gowns	The instructor will teach the trainees how to sew gowns.	Practice
	4	Designing of gowns	The instructor will teach the trainees how to design gowns.	Practice
	5	Finishing of gowns	The instructor will teach the trainees the finishing of gown.	Practice
9	1	Introduction to traditional blouses	The instructor will introduce the trainees to traditional blouses.	Instruction
	2	Cutting traditional blouses	The instructor will teach the trainees how to cut traditional blouses.	Practice
	3	Sewing traditional blouses	The instructor will teach the trainees how to sew traditional blouses.	Practice

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	4	Designing traditional blouses	The instructor will teach the trainees how to design traditional blouses.	Practice
	5	Finishing traditional blouses	The instructor will teach the trainees the finishing of traditional blouses.	Practice
10	1	Introduction to male trousers	The instructor will introduce the trainees to the making of male trousers.	Instruction
	2	Cutting of male trousers	The instructor will teach the trainees how to cut male trousers.	Practice
	3	Sewing of male trousers	The instructor will teach the trainees how to sew male trousers.	Practice
	4	Finishing of male trousers	The instructor will teach the trainees the finishing of male trousers.	Practice
	5	Introduction to female trousers.	The instructor will introduce the trainees to female trousers.	Practice
11	1	Cutting of female trousers	The instructor will teach the trainees how to cut female trousers.	Practice
	2	Sewing of female trousers	The instructor will teach the trainees how to sew female trousers.	Practice
	3	Finishing of female trousers	The instructor will teach the trainees the finishing of female trousers.	Practice
	4	Introduction to shirts & collars	The instructor will introduce the trainees to shirts & collars.	Instruction
	5	Shirts construction	The instructor will teach the trainees how to construct a shirt.	Practice
12	1	Cutting of shirts	The instructor will introduce the trainees to the cutting of shirts.	Practice
	2	Sewing and finishing of shirts	The instructor will teach the trainees how to sew and finish shirts.	Practice
	3	Cutting of knickers	The instructor will teach the trainees how to cut knickers.	Practice
	4	Sewing of knickers	The instructor will teach the trainees how to sew knickers.	Practice
	5	Finishing of knickers	The instructor will teach the trainees finishing of knickers.	Practice
13	1	Introduction to male traditional outfit	The instructor will introduce the trainees to male traditional outfit.	Instruction

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	2	Cutting of male up and down	The instructor will teach the trainees how to cut male up and down.	Practice
	3	Sewing of male up and down	The instructor will teach the trainees how to sew male up and down.	Practice
	4	Designing of male up and down	The instructor will teach the trainees how to design male up and down.	Practice
	5	Finishing of male up and down	The instructor will teach the trainees the finishing of male up and down.	Practice
14	1	Introduction to children's wears	The instructor will introduce the trainees to children's wears.	Instruction
	2	Cutting of babies gown	The instructor will teach the trainees how to cut babies' gown.	Practice
	3	Sewing and finishing	The instructor will teach the trainees how to sew and finish children's clothes.	Practice
	4	Cutting of children's up and down	The instructor will teach the trainees how to cut children's up and down.	Practice
	5	Sewing and finishing of children's up and down	The instructor will teach the trainees how to sew and finish children's up and down.	Practice
15	1	Introduction to waist coat	The instructor will introduce the trainees to waist coat.	Instruction
	2	Cutting of waist coat	The instructor will teach the trainees how to cut waist coat.	Practice
	3	Sewing of waist coat	The instructor will teach the trainees how to sew waist coat.	Practice
	4	Designing of waist coat	The instructor will teach the trainees how to design waist coat.	Practice
	5	Finishing of waist coat	The instructor will teach the trainees the finishing of waist coat.	Practice
16	1	Introduction to embroidery designs	The instructor will introduce the trainees to embroidery designs.	Instruction
	2	Types of embroidery	The instructor will teach the trainees the various types of embroidery.	Practice
	3	Embroidery patterns	The instructor will teach the trainees the various types of embroidery patterns.	Practice

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	4	Embroidery making	The instructor will teach the trainees how to make embroidery on fabrics.	Practice
	5	Embroidery finishing	The instructor will teach the trainees embroidery finishing.	Practice
17	1	Introduction to bridal wears	The instructor will introduce the trainees to bridal wears.	Instruction
	2	Types of bridal wears	The instructor will teach the trainees the various types of bridal wears.	Instruction
	3	Bust construction	The instructor will teach the trainees how to construct bust.	Practice
	4	Layers/flare construction I	The instructor will teach the trainees how to construct layers/flare Phase I.	Practice
	5	Layers/flare construction II	The instructor will teach the trainees how to construct layers/flare Phase II.	Practice
18	1	Assembling of bust construction	The instructor will introduce the trainees to assembling of bust construction.	Practice
	2	Assembling of layer I construction	The instructor will teach the trainees how to assemble layer I construction.	Practice
	3	Assembling of layer II construction	The instructor will teach the trainee how to assemble layer II construction.	Practice
	4-5	Cutting and sewing of bridal gown	The instructor will teach the trainee how to cut and sew a bridal gown.	Practice
19	1-2	Finishing of bridal gown I	The instructor will teach the trainees the finishing of bridal gown I.	Practice
	3	Magic skirt construction	The instructor will introduce the trainees to magic skirt construction.	Practice
	4	Assembling of magic skirt	The instructor will teach the trainees how to assemble magic skirt.	Practice
	5	Cutting and sewing of magic skirt	The instructor will teach the trainees how to cut and sew magic skirt.	Practice
20	1	Finishing of magic skirt	The instructor will teach the trainees how to finish magic skirt.	Practice

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	2	Assembling of complete bridal	The instructor will teach the trainees how to assemble complete bridal.	Practice
	3	Introduction to dinner dresses	The instructor will introduce the trainees to dinner dresses.	Instruction
	4-5	Construction of dinner dress pattern	The instructor will teach the trainees how to construct dinner dress pattern.	Practice
21	1-2	Cutting of dinner gown	The instructor will teach the trainees how to cut dinner gown.	Practice
	3-5	Cutting and designing of accessories for dinner dresses	The instructor will teach the trainees how to cut and design accessories for dinner dresses.	Practice
22	1-2	Sewing of dinner gown	The instructor will introduce the trainees to sewing of dinner gown.	Practice
	3	Accessories installation on dinner dress	The instructor will teach the trainees how to install accessories on dinner dress.	Practice
	4	Finishing of installation on dinner dress	The instructor will teach the trainees the finish the installation on dinner dress.	Practice
	5	Complete finishing on dinner dress	The instructor will teach the trainees how to complete the finishing on dinner dress.	Practice
23	1	Introduction to branding	The instructor will introduce the trainees to branding.	Instruction
	2	Methods of branding	The instructor will teach the trainees the various methods of branding.	Instruction
	3	Branding yourself	The instructor will teach the trainees how to brand themselves.	Instruction
	4	Introduction to packaging	The instructor will introduce the trainees to packaging.	Instruction
	5	Packaging your products	The instructor will teach the trainees how to package their products.	Instruction
24	1	Project work introduction	The instructor will introduce the trainees to their project work.	Instruction
	2	Construction of project work	The instructor will guide the trainees on how to construct a project work.	Practice
	3	Sewing of project work	The trainees will undertake assigned project works.	Practice
	4			Practice

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	5	Finishing of project work	The trainees should submit their project works to their respective instructors.	Practice
25	1	Introduction to textile art and design	The instructor will introduce the trainees to what textile art and design is all about.	Instruction
	2			
	3	Techniques of making designs on textile	The instructor will teach the trainees how to identify the various techniques in making designs on textile.	Instruction
	4	Techniques of making designs on textile	The instructor will teach the trainees how to apply the techniques of making designs on textile.	Instruction
	5	Uses and functions of textile and different dyeing resist methods	The instructor will teach the trainees the uses and functions of textile and the different dyeing resist methods.	Instruction
26	1	Motif in textile art and fabrics needed for batik	The instructor will teach the trainees motif in textile art and the fabrics needed for batik.	Instruction
	2			Practice
	3	Methods of application of candle wax on batik	The instructor will teach the trainees the methods of application of candle wax on batik.	Instruction
	4			Practice
	5	Dye: different types of dye	The instructor will teach the trainees how to identify the different types of dye.	Instruction
27	1	Dye: different types of dye	The instructor will teach the trainees how to identify the different types of dye.	Practice
	2	Measurement of vat dye and chemical	The instructor will teach the trainees how to measure vat dye and chemical.	Practice
	3	Waxing process in batik	The instructor will teach the trainees the waxing process in batik.	Instruction
	4			Practice
	5	Adire (tie and dye/types of adire)	The instructor will introduce the trainees to adire (tie and dye/types of adire).	Instruction
28	1	Adire (tie and dye/types of adire)	The instructor will teach the trainees the different types of adire (tie and dye/types of adire).	Practice
	2			Instruction

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	3	Methods of achieving resist techniques in making adire	The instructor will teach the trainees the methods of achieving resist techniques in making adire.	Practice
	4	Different folding styles in adire	The instructor will teach the trainees the different folding styles in adire.	Practice
	5	Colour study and mixture	The instructor will teach the trainees how to combine colours and mixture.	Practice