



DELTA STATE JOB AND WEALTH CREATION BUREAU

Governor's Office, Asaba.

HAIRDRESSING AND MAKEOVER TRAINING MANUAL

DURATION: 4 MONTHS

WEEK	DAY	TASK	ACTIVITIES (SPECIFIC ACTIONS)	METHOD
1	1	Introduction to hair dressing and basic safety	The instructor will introduce to the trainees to what hair dressing entails, how to identify the working tools, chemicals used and safety precautions to adhere to in a salon.	Instruction
	2	Washing of hair	The instructor will teach the trainees safety precautions and application of chemicals to hair.	Instruction
	3	Washing of hair	The instructor will teach the trainees the different techniques of washing hair.	Instruction
	4	Hand setting of hair	The instructor will teach the trainees the different treatment suitable for different hair textures.	Instruction
	5	Hand setting of hair	The instructor will teach the trainees the different techniques of setting different hair styles.	Instruction & practice
2	1	Retouching of hair	The instructor will teach the trainees how to identify the different types of kits and relaxers.	Practice
	2		The instructor will teach the trainees how to retouch hair.	Practice
	3-5		The instructor will teach the trainees the steps in applying relaxer to the hair, how to retouch the hair and style it.	Practice
3	1	Steaming of hair	The instructor will teach the trainees how to identify different steaming creams.	Practice
	2	Steaming of hair	The instructor will teach the trainees different hair treatments for different hair textures.	Practice
	3-5	Weaving	The instructor will teach the trainees different types of weave (natural hair, wool and attachment).	Practice

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4	1-2	Weaving (cont'd)	The instructor will teach the trainees different types of weave (natural hair, wool and attachment).	Practice
	3-5	Braiding	The instructor will teach the trainees how to braid hair (Bob Marley).	Practice
5	1-2	Braiding	The instructor will teach the trainees how to braid hair (twist).	Practice
	3		The instructor will teach the trainees how to braid hair (Watermelon).	Practice
	4	Braiding	The instructor will teach the trainees how to braid hair (Ghana Weave).	Practice
	5	Braiding	The instructor will teach the trainees how to braid hair (Bob Marley wig braids and twisting wig braids).	Practice
6	1	Weave-on	The instructor will teach the trainees how to fix weave-on on hair.	Instruction & practice
	2	Weave-on (cont'd)	The instructor will teach the trainees how to fix closure styles.	Practice
	3		The instructor will teach the trainees how to fix center partings and side parting.	Practice
	4		The instructor will teach the trainees how to fix and bond weave-on on caps.	Practice
	5		The instructor will teach the trainees how to trim weave-on.	Practice
7	1-2	Weave-on	The instructor will teach the trainees how to trim weave-on.	Practice
	3	Wig making	The instructor will teach the trainees how to make wigs on cap.	Practice
	4		The instructor will teach the trainees the different styles of making wig.	Practice
	5		The instructor will teach the trainees center partings.	Practice
8	1-2	Wig making	The instructor will teach the trainees side partings.	Practice
	3-5	Pedicure and manicure	The instructor will teach the trainees the meaning of pedicure and manicure.	Practice
9	1-2	Pedicure and manicure	The instructor will teach the trainees how to do practical pedicure and manicure on a client.	Practice
	3	Nails	The instructor will introduce the trainees to nail fixing and application of polish.	Practice
	4		The instructor will teach the trainees how to fix nails.	Practice

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	5		The instructor will teach the trainees how to design nails.	Practice
10	1-2	Nails	The instructor will teach the trainees how to design nails.	Practice
	3	Natural hair	The instructor will teach the trainees how to identify natural hair products.	Practice
	4		The instructor will teach the trainees how to handle natural hair.	Practice
	5		The instructor will teach the trainees weaving and plaiting of natural hair.	Practice
11	1	Natural hair (cont'd)	The instructor will teach the trainees the different natural hair styles.	Practice
	2		The instructor will teach the how to treat natural hair.	Practice
	3	Colouring of hair	The instructor will teach the trainees how to colour hair/ identification of colour.	Practice
	4		The instructor will teach the trainees how to mix different colours.	Practice
	5		The instructor will teach the trainees colour blocking.	Practice
12	1-2	Colouring of hair	The instructor will teach the trainees the different techniques in hair colouring.	Practice
	3	Make- up/makeover	The instructor will introduce the trainees to the concept of makeup/makeover.	Practice
	4		The instructor will teach the trainees how to identify the different shapes of faces and skin.	Practice
	5		The instructor will teach the trainees how to identify different complexion and suitable colour.	Practice
13	1	Make- up/makeover	The instructor will teach the trainees how to mix foundation to get a particular colour.	Practice
	2		The instructor will teach the trainees how to mix powders.	Practice
	3		The instructor will teach the trainees how to apply make-up on a client.	Practice
	4		The instructor will teach the trainees how to do makeover on a model in runway attire.	Practice
	5		The instructor will teach the trainees how to do a makeover on a model in a studio.	Practice
14	1	Make- up/makeover	The instructor will teach the trainees how to do a makeover on a model for night look.	Practice
	2		The instructor will teach the trainees how to do a makeover of model in daytime look.	Practice

WEEK	DAY	TASK	ACTIVITIES (SPECIFIC ACTIONS)	METHOD
	3	Tying of Gele	The instructor will introduce the trainees to the concept of tying Gele (Head Gear).	Practice
	4-5		The instructor will teach the trainees how to tie different types of Gele.	Practice
15	1-5	Crochet braids	The instructor will teach the trainees how to make crochet braids.	Practice
16	1	Gelling of hair	The instructor will teach the trainees how gel hair.	Practice
	2		The instructor will teach the trainees how to sew attachment or weave-on on gelled hair.	Practice
	3	Net gel	The instructor will teach the trainees how to apply gel on hair using net.	Practice
	4-5	Straw curls	The instructor will teach the trainees how to make straw curls.	Practice